

Bringing you the Latest News and Achievements from the Berkshire Transforming Care Partnership (TCP) Programme



Welcome to the TCP Programme Briefing

For more information on the national TCP, please refer to: <https://www.england.nhs.uk/learningdisabilities/care/>

If you have any feedback on this Briefing, please contact Interim Programme Manager, Sarah Rowland on: sarah.rowland5@nhs.net

Seven CCG's, six Local Authorities and Berkshire Healthcare NHS Foundation Trust are working together to run the local Transforming Care Partnership. Together, they have agreed a plan to implement system-wide changes across Berkshire.

This briefing has been created to provide an update to partners on what is happening across the TCP programme, both locally and nationally. Packed full of links and information, it is a resource for our partners, so please feel free to provide us with feedback so we can make it as useful as possible.

Local Berkshire TCP plans (and Easy Read Version)

<http://www.wokinghamccg.nhs.uk/berkshire-transforming-care-partnership>

What is Transforming Care about?

In 2014, NHS England, commissioned a report to identify how services could do more for people with learning disabilities and/or autism, who display behaviour that challenges.

Following this report, NHS England, together with the Association of Adult Social Services, the Care Quality Commission, Local Government Association, Health Education England and the Department of Health, published a programme of work, outlining the Transforming Care Programme (TCP). These plans focus on addressing long-standing issues, with the aim of creating:

- More care in the community, with personalised support provided by multi-disciplinary health and care teams
- More innovative services to give people a range of care options, with personal budgets, so that care meets individuals' needs
- Early, more intensive support for those who need it, so that people can stay in the community, close to home
- Inpatient care, but only for as long as is needed and necessary

Further information can be found at: <https://www.england.nhs.uk/learningdisabilities/care/>

A message from Gabrielle Alford, Chair of the Berkshire Transforming Care Partnership

Managing Financials in the TCPs

“ The national report, Building the Right Support, summarises some of the key financial underpinnings we must consider as part of the Berkshire TCP.

For your information, some of these key areas are:

- A new financial framework will underpin and enable transformation
- The costs of the future model of care will be taken from the entire spend from health and social care for people with learning disabilities, which could mean a shift of funding from one service to another
- Specialised commissioning budgets for secure learning disabilities and autism services will be aligned to TCPs, with CCGs encouraged to pool budgets with Local Authorities (whilst recognising responsibilities for NHS Continuing Healthcare). NHS England will support this kind of integration to happen where possible (including assistance with governance and mechanisms to manage financial risk where possible)
- Dowries will be paid by the NHS to local authorities for people leaving



South Reading Clinical Commissioning Group
Newbury and District Clinical Commissioning Group
Windsor, Ascot and Maidenhead Clinical Commissioning Group
Bracknell and Ascot Clinical Commissioning Group
Wokingham Clinical Commissioning Group
North and West Reading Clinical Commissioning Group
Slough Clinical Commissioning Group
Berkshire Healthcare NHS Foundation Trust



hospital after continuous spells in inpatient care of five years or more at the point of discharge (see more information on dowries later on in the newsletter)

- Who Pays Guidance will be revised to help with people discharging from hospital in one CCG area into another
- As part of these developments, a use of personalised funding streams (eg personal health budgets) is expected to increase

Following the first meeting of the Finance and Activity Project Group, whose members represent the 13 commissioning organisations in the partnership, the group is developing a programme of work to consider and address the matters outlined above. The TCP Board is also exploring the appetite for risk-sharing arrangements and working with members to develop an approach to joint social care/health Personal Budgets/PHBs. If you wish to inform this piece of work, please contact your partner representative (details at the back of the briefing) who can connect you with your finance and activity representative.

In the next edition I look forward to sign posting you to the updated TCP Programme Plan and milestones for 2017. ”

Key Programme Achievements since September

- Grant applications secured and project group established for Shared Housing provision in Royal Borough of Windsor and Maidenhead for three individuals from across Berkshire with complex LD and challenging behaviours
- Developed a health-focused Shared Lives Programme Plan for roll out across Berkshire over the next three years. Further information on the roll

out will follow in the next edition following consideration by the Berkshire East Business Development Committee in late November

- Berkshire Healthcare NHS Foundation Trust (BHFT) has completed a staff consultation and service user engagement exercise on the suspension of inpatient services at Little House from 1 November 2016. Further information to follow on the service in the next edition
- TCP Programme Board has reviewed BHFT plans for the reduction in inpatient capacity and the roll out of an Intensive Support Team. Working with finance and activity partners, the Board will now work on a specification of the future pathway/care model
- Berks East and West TCP Operational Groups have merged to create resource efficiencies
- Co-opted Carer and Family Experts by Experience into the programme on Voluntary Appointment Contracts, as members of the Finance and Activity Project Group, Capital ‘Home’ Project Group, and TCP Board
- High action priorities agreed by Joint Operational Group – autism, substance misuse and personality disorders. Action plans will be drawn up by the group and published in January.
- Established a partner engagement network of CCG and local authority communications and media teams to support local partners in delivering service change. Contact your local teams for more information
- Finalised the specification to go to market for a co-production service and communications and engagement resources (with the funding streams yet to be identified by local authorities and CCGs)
- Started to undertake a desktop gap analysis of local authority LD and ASD strategies and review capacity and demand projections until 2019, to inform prioritising of the TCP work

plan for 2017/18 and financial plans

TCP Activities planned before December

- Update the Berkshire Transforming Care Plan and [publish our timetable on the web](#).
- Formally engage a care and housing provider for the RBWM Capital ‘Home’ Project and secure additional funding from Department of Health (DoH) for property adaptations for the two clients identified as suitable for the home
- Finalise the repatriation timetable for 2017/18 for NHS England specialist commissioned clients and out of area placements; with the timetable shared as soon as possible with local authority and CCG teams
- Establish a Forensic Pathway Project Group aligned to the NHS Sustainability Transformation Plan footprints
- Align the Joint Operational Group work with local Substance Misuse and Personality Disorder strategies
- Continue with the recruitment campaign for more Carer and Family Experts by Experience to join the programme on Voluntary Appointment Contracts
- The Autism Project Group to work towards developing joint commissioning standards around age and a timetabled programme of work
- Finalise PIDs for the Housing and Accommodation and Employment and Occupation Project Groups
- Joint Operational Group to:
 - Adopt an information governance agreement across partners (a draft is currently with partner representatives for consideration)
 - Build a Berkshire-wide high risk register of people at risk of admission to an Assessment and Treatment Unit
- Finalise the review of capacity and demand projections
- Draft market management strategies and standardise outcome



Events

Supporting Carers

For those involved in leading work to support carers, there is an event coming up which may be of interest. Caring Together; an integrated approach to carer health and wellbeing is organised by NHS England and the Association of Directors of Adult Social Services in England (ADASS). Running from 10am - 4pm and on Tuesday 22nd November in Central London, the objectives are:

- To bring together carer leads to progress the Commitment to Carers agenda through the NHS England Carers Toolkit
- To share best practice and identify how to locally implement solutions to support delivery of CCG/ LA strategic carer objectives for 2016/17
- To amplify the carers voice through participation and involvement
- To find out more or to book a place, email ramijhasu@gmail.com

Learning Disability England (LDE) Conference - November 22 2016 Manchester

This year's conference will be co-hosted with LDE associate members, Association for Quality Checkers, NDTi and Paradigm. It is themed around supported living and the challenges we face to make sure people are in control of what happens in their lives and ensuring rights are central to how people live. [For more information, click this link.](#)

measures for:

- Respite Care
- Day Centres
- Residential Living Accommodation
- Independent Living Schemes

Housing and Accommodation

Currently the range of supported housing in Berkshire is limited. There has been limited development of and growth in housing and support options for people with learning disabilities and challenging behaviours across the county. There has been an over-reliance on residential care as the default position for people not living with their parents/families.

Although the numbers of people with challenging behaviours are relatively small compared to other counties, we know that housing provision for people with LD and challenging behaviour can be difficult to commission in the localities. If we are to achieve our transforming care aim of enabling more people to be supported in the community, we will need to enhance the range of available housing options.

We know the population of Berkshire

is ethnically diverse. Providing community-based housing, tailored to an individual's ethnicity and based within communities whose customs and traditions match is a fundamental element of improving an individual's quality of life. So, the Joint Operational Group will start work in November on developing a Berkshire TCP Housing and Accommodation Strategy. The work will be informed by the Joint Strategic Needs Assessments and housing strategies from each local authority. The aim will be to build on the range of independent housing options already available for people with learning disabilities.

Housing and Technology Capital Fund for People with Learning Disabilities

In October the Department of Health advertised for project bids for a £25 million fund aimed at helping more people with a learning disability live as independently as possible with the best care and support.

The Department was looking for bids that:

- Made use of new technologies and other bespoke adaptations to improve and adapt existing

accommodation

- Prevented unnecessary in-patient admissions
- Provided solutions for people who required urgent housing and are at risk of entering inappropriate services like hospital or residential care
- Encouraged a move towards community-based solutions which promotes independence and choice over housing (e.g. shared ownership)
- Provide specially-adapted housing

The Berkshire TCP Partners that applied for this fund were:

- TCP Programme Board (two bid applications). One was for modernisation, special adaptations and technology installations to a property in the geographical catchment area of Royal Borough of Windsor, Ascot and Maidenhead to meet the complex physical and safeguarding needs of a small number of individuals. The other was for mortgage support for a number of individuals to buy their own homes, through a Home Ownership Scheme for people with Long-term Disabilities (HOLD). (See our article on HOLD schemes in this briefing)
- Slough Borough Council (two bid applications) for people with learning disabilities. One was for technology to increase independence skills, and



the other to enhance access to a training resource for people with an additional physical impairment

- Reading Borough Council. Submitted a bid for independent living units that will enable a number of people to have their own tenancies and achieve a degree of independent living, with 24/7 care support if required, assisted by technology
- Lastly, Royal Borough of Windsor, Ascot and Maidenhead made an application for funding to refurbish two services supported by social care staff, with housing managed by a local housing association

We will keep you updated on the progress of these bids, and hope to hear the outcome by the end of November 2016.

HOLD (Home Ownership for people with Long-term Disabilities) – Giving Independence and Stability to People with Learning Disabilities and/or Autism

This scheme is one part of a 'building block' of options the TCP Joint Operational Group is looking to expand across Berkshire.

HOLD is a unique Government approved and funded shared ownership model that helps people with Learning Disabilities and/or Autism buy a home of their own. It's facilitated by MySafeHome, a specialist provider of help and support to people with disabilities who dream of making their journey to home ownership and independence. Using the model, MySafeHome works closely with Local Authorities, Housing Associations and Mortgage Providers to help people do just that.

The model works through the purchase of a property of the individual's choice by a Housing Association (subject to both the buyer and property meeting a number of strict qualifying criteria), then immediately selling a share of it to the buyer who pays for it using a special interest only mortgage. The buyer's able to pay the mortgage interest and rent on the Housing Associations share using their benefit entitlement, whilst repairs and maintenance are carried out by the Housing Association in return for a modest monthly service charge.

"The results, for the right people, of owning their own home are tremendous," adds David. "On top

of being able to choose where they live and the type of property they're going to live in, people have previously purchased health and housing together, buying from a health or social care provider that also has a building from which to offer those services from. This would mean that if the health or social care support broke down for any reason, or the person was deemed not to require such support anymore, they would have to move locations to a new provider. This can be deeply unsettling and traumatic. By separating bricks and mortar from health and social care, if the care breaks down or needs to change, another provider is found but the person with a disability obviously doesn't have to move. This stability can have a huge impact. So, as you can see, the benefits of owning a home for some people can mean a massive difference in the way that they manage their daily lives."

To find out more about HOLD contact David Abbey on 02476 402211 or visit www.mysafehome.info

MySafeHome - A Parent's Perspective

"Ten years ago, as part of *Peter's transition planning, we attended

Films for experience based co-design (EBCD)

Following on from articles in the last edition, there are some videos available that focus on a range of challenging areas of care and can be used in 'accelerated' EBCD projects. The 'trigger films', so called because they can be used to trigger a discussion, cover subject areas including maternity, young people, carers, intensive care and

also disease specific areas such as asthma, diabetes and cancer. They have been produced by the Health Experiences Research Group at the University of Oxford and Healthtalk. [To view these videos, click here.](#)

The Health Foundation has also published a series of films that show what can be achieved when people working in the health service are supported to develop new ways of working. From introducing telehealth with a human touch,

to supporting patients with mental health issues to become actively involved in their recovery, these films present new approaches that have changed the lives of both people receiving care and the people caring for them. [To view these films, click here.](#)



a presentation about the My Safe Home scheme. We were impressed by the scheme and how it was presented and took away business cards, like many parents there. When we got home, we talked about it in detail, and decided that this was something we would progress further.

Peter has severe autism and problems with speech processing. He also has epilepsy, so requires 24-hour care. Until this time, my wife and I were his primary carers, doing what I can only assume most family members do – working tirelessly to support as best we can, and fighting to get the best support. A lot of people in similar situations to us have had to travel hundreds of miles to see their children, as they were in residential housing, which was scattered across the country. We wanted to avoid that if possible for our son - we wanted him to have a choice in where he lived, and in a place suitable for him and his needs. Also, as we are getting older and more vulnerable to things like illnesses, we were very aware that if something happened to one of us, it would be incredibly difficult for the other to care for him alone whilst the other was in hospital, for example.

After a number of years had passed (so that Peter had become old enough to qualify for the scheme) we followed up on our initial interest. We had an assessment by My Safe Home, which established that Peter qualified for the scheme and we started looking for a suitable property. We were incredibly lucky to find the flat we did for Peter – most of the properties in our area are very expensive, but after much hard work, we managed to get an early look at a flat before it went on the market and it was perfect. After securing an appropriate package of care

alongside this, things started moving and Peter finally moved into his flat in May 2014.

He absolutely loves it – and, being only about a mile away from us, we still get to maintain the same relationship we had before, which has always been a strong one. The development he is in is quiet and calm, and the carers looking after Peter know they are entering his home when they come to see him, so they respect his wishes and things happen when he wants them to, in the way that he wants them to – proper person-centred care. That's made a big difference. For example, he isn't sharing his home with other people -so if he wants the television volume low, it stays low. That makes his behaviour better. It's his self-contained space, geared up to him and the way he wants it.

Having full-time care also means that he has the full attention of his carers when they visit him, and we have an active programme of targeted activities to aid his development. So with everything even more centred around him, we have noticed some big changes. Many people in his position stay static – progression isn't something that happens that often. But in Peter's case, he is moving forward. One example is diet. He is eating a wider range of foods than he has ever done before and more healthily – e.g. six to eight portions of fruit a day and he now even eats out with us in cafes and restaurants. His improved diet has almost eradicated some health issues he had. We're so proud of what he has done.

Whilst the new flat has made an enormous difference to Peter, I'd like to add that another big factor has been behaviour management around effective progression planning. Through looking specifically

at Peter's behaviours, we (carers, parents & support professionals) work out his needs as an individual. We then develop and execute a very highly structured and monitored behavioural management programme to help him develop in a range of ways. The people that care for Peter are specifically trained in this programme and closely monitor him to help maximise the opportunities he has in life, which is all we've ever wanted. I cannot emphasise enough the importance of doing this for each individual, and I believe that the potential for that individual is far greater through this approach."

*names changed to protect identity

Interesting Thought-Leadership Piece on Co-Production

David McNally, Head of Experience of Care at NHS England, talks about a new, simple model to help health and care organisations embed co-production into their day-to-day work, and about working with patient leaders. [You can read this here.](#)

Reading Joint Health and Wellbeing Strategy Update

The Reading Joint Health and Wellbeing strategy consultation is now live at: www.reading.gov.uk/hwbstrategy

The draft strategy has been co-produced following a period of stakeholder engagement with local partners, including those from the NHS, voluntary and community sectors. The draft strategy focuses on health and wellbeing being about the whole person – giving physical, emotional and social aspects equal attention. To improve people's chances of living well for longer into the future, as well as about how they



feel and function today.

Reading Borough Council is holding various meetings to present the draft strategy and work with local residents on developing an Action Plan to bring it to life. This includes a public event on the afternoon of 21 November 2016 in the Council Chamber. If local representatives and partners would like to help present or attend, please get in touch with [Janette Searle from the Wellbeing Team](#).

Please pass this information to any service user / patient / community groups. The council is happy to collate feedback received in any form.

Young People's Pathways – NHS England Update

NHS England is continuing to work with partners to develop an all-age pathway, which addresses the specific needs of children and young people. To strengthen and broaden the governance of the workstream, negotiations have begun with the Department for Education to create a sub group as part of the national Transforming Care Partnership Board.

Public Health England Learning Disabilities Observatory Updates

The Learning Disability Self-Assessment Framework (SAF) is an annual collection and reporting of information from data sources and local areas that gives us information about how well local services are meeting the needs of people with a learning disability. It is currently going through a process of being redesigned. [An update on progress is available here](#). There is also an Autism SAF information collection for this year's round underway. [More information about this and links to previous reports can be found here](#).

The Observatory has published two reports. Firstly, 'Making reasonable adjustments to obesity and weight management services for people with learning disabilities', [which can be found here](#). It is targeted at public health staff, commissioning or people running weight management services, as well as family carers, social care staff and learning disabilities professionals.

The second report is about constipation and details information on resources, work currently happening and stories on the impact this can have on people's lives. So far this report has been downloaded over 2,000 times in the first week of publication, indicating a strong need for information on the topic. [Download the report here](#).

The national team is currently looking for examples of good practice and resources around support to help people with learning disabilities cope with blood tests or injections. For more information, including who to send examples to, [visit this webpage](#).

Mencap and Down's Syndrome

On the subject of ambition and believing in what can be achieved, I urge you all to pause for one minute to [watch this incredible film](#) which Mencap has produced as part of their 'Here I am' campaign, starring DJ Dude, who has Down's Syndrome.

'It is so easy to miss the person and see a stereotype instead'

Some of you may already have seen in the national press an article on fashion photographer Rankin, who shoots stunning portraits of people with learning disabilities in

a bid to raise awareness and ensure they are seen as people rather than 'stereotypes'. [Here is more information if you haven't heard about it yet](#).

Dowry Funding

Updated financial FAQ information has now been published on the concept of a Transforming Care dowry. A Dowry is focused on providing financial support to the local authority for social care costs for eligible dowry patients. Any agreed dowry amount will be passed to the local authority as a contribution to their costs. The local authority will use the dowry funds to pay for their element of a care package. It can be used to fund the local authority contribution to a S117 package. [Follow this link for more information](#).

TCP Workforce market shaping guidance

Workforce market shaping guidance has been commissioned by NHSE and will be available in March 2017. The guidance sets out to provide an evidence base for developing a resilient supply of high quality workers. It will offer a potential solution by identifying best practice, how to promote a healthy market place focusing on personalisation and how to promote working with people with learning disabilities and/or autism, who display behaviour described as challenging.

In the meantime, the Berkshire TCP Joint Operational Group has developed a Workforce Provider Assurance Framework that partners can use to assess the competencies and culture of a care provider's workforce. Over the next few months, the framework will be tabled by TCP Partners at their respective committees and forums to gather feedback. The aim is for



each partner organisation to use the tool as one of the ways in which to test the skills and knowledge of staff working with people with learning disabilities and/or autism. The Framework guides people in what to ask staff directly, to find out what they think 'good' care is, and how they deliver it. The framework also provides commissioners with an opportunity to involve service users and families as part of an assessment team. Ultimately, helping everyone understand what better care should mean for all.

[The draft of the framework can be found here.](#)

Empowering People and Families

An empowerment steering group has been set up to ensure that Experts by Experience are central to the work of the Transforming Care programme. The group is facilitated by the Local Government Association. [The terms of reference and minutes of the meetings can be found here.](#)

Local Government Association (LGA) and NHS England (NHSE) peer review for learning disability and autism and findings from commissioner survey

The Local Government Association is developing a peer review as part of its sector-led improvement approach. This will be specific to learning disability and autism and is due to be piloted in 2017. The LGA and NHSE are also looking at the principles of Care and Treatment Reviews and how these might apply to individuals who are funding in residential care through Continuing Healthcare Funding (CHC).

The LGA carried out a survey of

local authority learning disability commissioners about delivery of the Transforming Care programme. Headlines findings have been published, with more detailed analysis underway and due for publication in early November. [For more information, click here.](#)

New NHS England Senior Clinical appointments to the Learning Disability Programme

NHS England has welcomed three senior clinical colleagues to the TCP learning disability programme, marking a significant step in their commitment to reduce the health inequalities experienced by people with a learning disability, and significantly improve their health outcomes.

Dr Jean O'Hara and Dr Roger Banks are both senior psychiatrists focusing on the development of clinical leadership, skills and support across the system and Peter Pratt is Chief Pharmacist for the mental health and learning disabilities medicines strategy.

Caring for carers

NHS England and its partners have developed a toolkit to help health and social care organisations work together in identifying, assessing and supporting the wellbeing of carers and their families. The toolkit covers new duties on NHS organisations brought about by the Care Act 2014 and the Children and Families Act 2014, and includes numerous examples of positive practice. [To view the toolkit click here.](#)



Contact List of Partner Representatives

Gabrielle Alford – SRO	Berkshire West CCGs	Gabrielle.alford@nhs.net
Colin Archer	BHFT	Colin.archer@berkshire.nhs.uk
Nadia Barakat	Berkshire East CCGs	Nadiabarakat@nhs.net
Simon Broad	Slough Borough Council	Simon.broad@slough.gov.uk
Paul Coe	West Berkshire Council	Paul.Coe@westberks.gov.uk
Hannah Doherty	Bracknell Borough Council	Hannah.doherty@bracknell-forest.gov.uk
Karen Felgate	West Berkshire Council	karen.felgate@westberks.gov.uk
Alex Gild	BHFT	Alex.gild@berkshire.nhs.uk
Neil Haddock	Bracknell Forest Council	Neil.Haddock@bracknell-forest.gov.uk
Roz Haines	West Berkshire Council	Roz.Haines@westberks.gov.uk
Louise Kerfoot	RBWM Borough Council	Louise.kerfoot@rbwm.gov.uk
Perry Lewis	Berkshire West 10 Integration Programme	perrylewis@nhs.net
Isla Middleton	BHFT	Isla.middleton@berkshire.nhs.uk
Jennifer Miller	BHFT	Jennifer.miller@reading.gov.uk
Neil Murton	BHFT	Neil.murton@berkshire.nhs.uk
Sarita Rakhra	Berkshire West CCGs	Sarita.rakhra@nhs.net
Sarah Rowland	Interim TCP Program Manager	Sarah.rowland5@nhs.net
Alan Sinclair – Dep. SRO	Slough Borough Council	Alan.sinclair@slough.gov.uk
Fiona Slevin-Brown	Berkshire East CCGs	f.slevin-brown@nhs.net
Julie Stevens	Wokingham Borough Council	Julie.Stevens@wokingham.gov.uk
Carol Valentine	Reading Borough Council	Carol.Valentine@reading.gov.uk

Other Formats

If you would like this in another format, please contact Nadia Barakat or Sarita Rakhra (details in table above) who will be able to direct you to the right services to help you do that.